



Informed Consent *for in-person services during COVID-19*

This document contains important information about beginning /continuing with in-person sessions considering the current COVID-19 health crisis. For the remainder of this document, the term “your” will refer to you (as the client) and “we” or “us” will refer to your professional therapist or therapist intern at Safe Harbour Expressive Therapies.

Our decision will be based upon current provincial health guidelines and other factors (such as vaccinations, our present health, and the health of those we have been in close contact with, risk of exposure, etc.)

Face-to-face sessions

In person sessions are presently an option again. Though no mandates are currently in place, we ask that you remain vigilant about following our COVID policy to minimize potential exposure:

- **We ask that you still wear a mask until seated at the art table.**
- **We have art supplies here for your use that are regularly cleaned. Alternatively, you are welcome to bring any art supplies for your personal use.**
- **The furniture is placed so that social distancing can be observed. Please do not move the furniture!**
- **Sessions will be timed so that you should not have to meet anyone else coming to or leaving the session. Time between clients is spent cleaning touchable surfaces. If the door is closed when you arrive, please be patient! Once everything is cleaned, we will let you know that your session is ready.**
- **There is hand sanitizer containing at least 60% alcohol at your table for your use during the session.**
- **We ask that you only keep your in-person appointment if you are symptom-free, have tested negative on a COVID rapid or PCR test and / or have not been around another person who has tested positive for COVID in the last 14 days.**

Online sessions have become a permanent option for this practice. If at any time you decide that you feel safer returning to online services, please let us know.



Risk of opting for in-person services

Though restrictions are being lowered, there is still a risk of exposure to COVID-19. You understand that, by coming for in-person sessions during this time, you assume this risk. **Safe Harbour assumes no responsibility for actions you take (not wearing a mask, not social distancing, not regularly washing your hands, etc.) outside of this office.**

Because of space limitations, we are currently only booking individual sessions. We ask that caregivers or family members wait outside the door. We want everyone to feel comfortable and safe, so if this becomes an issue, online sessions might better suit your needs.

If you would like an in-person session but we are booked for that particular week, you will be placed on a waiting list until another session becomes available.

Since some of our loved ones are among the most vulnerable in this region, we feel it's important to maintain certain protocols when it comes to this virus. We appreciate your respect and understanding at this time 😊

We reserve the right to cancel an in-person session if it seems that these guidelines are not being followed.