



Creative Works Release Form

I understand that sessions with my therapist (Sandra Hewitt-Parsons, DKATI, EXAT, ND) will be documented through note taking and the photographing of my creative works. This documentation will include (but not limited to) my artmaking, music/sounds, movement/dance, creative writing and therapist/client discussion.

Even if I agree to documentation through photograph and note taking through this form, I understand that I can refuse to have a particular piece of creative work documented at any time.

I also understand this work may be shared with the therapist's supervisor for registration purposes only. My identity will be kept anonymous when shared.

I prefer the following method of sending my work to the therapist (please check one):

- I can take photographs of the artwork and email them to safeharbourstudio@protonmail.com
- I can upload photographs to zoom chat
- The therapist can capture my images through screen snipping
- I don't want my artwork documented in an online format

I also understand that these images may be shared with the therapist's supervisor (for registration purposes only). My identity will be kept anonymous when shared.

Signed: _____

On behalf of: _____

Therapist: _____

Date: _____